



A SHORT EXPLANATION OF THE FIVE FIRST SATURDAYS

ter, the reason is simple. There are five types of offenses and blasphemies committed against the Immaculate Heart of Mary:

1. Blasphemies against the Immaculate Conception.
2. Blasphemies against Her Perpetual Virginity.
3. Blasphemies against Her Divine Maternity, in refusing at the same time to recognize Her as the Mother of men.
4. The blasphemies of those who publicly seek to sow in the hearts of children indifference or scorn, or even hatred of this Immaculate Mother.
5. The offenses of those who outrage Her directly in Her Holy Images.

"Here, My daughter, is the reason why the Immaculate Heart of

SHALL WE NOT HEED THE REQUEST OF THE WOUNDED HEART OF OUR MOTHER?

On December 10, 1925, our Loving Mother Mary, appearing to Sister Lucia, the only survivor of those who saw our Lady at Fatima, spoke these heart-rending words:

"Look My daughter, at My Heart, surrounded with thorns with which ungrateful men pierce Me at every moment by their blasphemies and ingratitude. You at least try to console Me and announce in My name that I promise to assist at the moment of death, with all the graces necessary for salvation, all those who, on the First Saturday of five consecutive months shall:

1. *confess [go to Confession],*
2. *receive Holy Communion,*
3. *recite five decades of the Rosary [one set of mysteries],*
4. *and keep Me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary,*
5. *[doing all] with the intention of making Reparation to Me."*

N.B. The Confession may be made during the eight days before or after (as long as one is in the state of grace) the First Saturday Communion. Any one of the five conditions may be done at any time of day on the First Saturday.

WHY FIVE?

When Sister Lucy, in prayer, asked Our Lord why five Saturdays, He answered: *"My daugh-*

Mary inspired Me to ask for this little act of reparation ..."

Our Lady of Fatima's Message was a simple one and a tremendous gift to mankind – a Message critical for our eternal salvation.

In our efforts to heed Our Lady's requests we must understand the most important component of the Fatima Message, which is expressed in the words of Our Lady Herself to the three child seers (Lucia, Francisco and Jacinta):

"God wills to establish in the world devotion to My Immaculate Heart".

AN ACT OF CONSECRATION

Immaculate Heart of Mary,
who together with the Heart

of Jesus Thy Son suffered so greatly for the salvation of the world and didst manifest Thy fervent desire that we should consecrate ourselves to Thy Heart and practice the special devotion of the Five First Saturdays, I hereby wish to do as Thou dost desire. Obtain for me the grace to live so as to be truly thus consecrated. I wish to do this reparation for the sins wounding Thy Motherly Heart. Accept this dear Mother and bless me.

+ R. ARULAPPA
Former Archbishop of
Madras - Mylapore.

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